

# Is now the right time?

**Presence Health** adult day centers are the ideal and affordable setting for older adults living with loved ones who are unable to care for them during the day due to work or other obligations. We provide assistance with medical and personal care needs, medication monitoring and administration. Plus, we keep our day time guests busy having fun socializing with friends and children, who are part of our intergenerational center. Is now the time to consider adult day services?

## Are you or a loved one?

Circle one

- |  |     |    |
|--|-----|----|
| + Frequently talk about feeling lonely or depressed or how they are looking forward to a weekly visitor?                 | Yes | No |
| + Have home health services ended because Medicare coverage days are running low?  | Yes | No |
| + Do feel your loved one is unsafe at home alone for hours?  | Yes | No |
| + Do they want to remain where they are living but could benefit from increased supervision and 2 prepared meals?        | Yes | No |
| + Do they talk about the friends who used to visit and how they miss the friends they used to socialize with frequently? | Yes | No |
| + Are they able to prepare healthy food while alone?   | Yes | No |
| + Do they sit in the same spot for hours without exercise?   | Yes | No |

If you answered 'Yes' to one or more, our caring staff can help